• PENED 2003 ‘Identification and assessment of biological active chemical compounds in Greek wines and respective Greek grape varieties (VITIS VINIFERA)- Investigation of their roles as chemopreventive compounds’ (completed).

• EYREKA 2006-2008 ‘Exploitation of byproducts from tomato paste industry and processing of fruits through the regain of bioactive compounds of high added value’. Budget: 350000 euros.

• Biochemical monitoring of athletes of the Greek national team of classic athletics (SEGAS; 55000 euros) (2007-2008).

• INTERNATIONAL COLLABORATION in the context of Thrace’s PEP 2006-2008 ‘Incorporation of bioactive plant extracts in the production and certification of biofunctional milk products of high added value’. Budget 400000 euros.

• ‘Nutritional value and production of high quality biofunctional milk products by adding plant extracts enriched in antioxidants (budget: 260000 euros) From the grant Innovation poles of GSRT.

• ‘Development of biofunctional flour by incorporation of plant extracts enriched in bioactive compounds’. In collaboration with the Kaplanides’ Mills company (budget: 70000 euros).

• ‘Human networks of research and technological education. Human network of education in the field of biofunctional foods’. It was funded by the GSRT with 200000 euros.

• Production of biofunctional milk products of high quality by adding plant extracts enriched in antioxidants (budget: 50000 euros) in collaboration with the Olympos company.

• Production of biofunctional foods from extracts of pharmaceutical plants from Kissavos (50.000 euros). Prefecture of Larissa (2009-2011).

• Study of co-existence of genetic modified with normal plants in Cyprus (150.000 euros). From Cypriot Government after international competition (2009-2012).

• Contract work for spin-off K-Meditura (105.000 euros for 3 years) (2010-2013).

• Incorporation of natural antimicrobiotics of plant origin to meat products of high added value in collaboration with ‘Vogiatzoglou meat company’ (30000 euros) (2011-2013).

• Assessment of the antioxidant activity of grape stem extracts - Incorporation of grape stem extracts to bakery products and assessment of their in vivo antioxidant capacity in collaboration with ‘Kaplanidis Mills’ and ‘Ntougkos Winery’ (80000 euros) (2010-2013).

• Study of the agro-nutrient identity of foods in collaboration with ‘Eat walk Hellas’ company (60000 euros) (2012-2014).

• Study of oxidative stress biomarkers and metabolic profile in patients (300000 euros) (2012-2018).

• Effects of a product containing carbohydrates and proteins on oxidative stress biomarkers after administration to athletes (ESPA; 45000 euros) (2011-2014).

• Assessment of oxidative stress in physiological and pathophysiological conditions using the diagnostic system ORP of Luoxis company (47000 euros) (2013-2015).


• Assessment of oxidative stress in i) athletes, ii) septic patients, iii) patients with eating disorders, using the diagnostic tests ORP company Luoxis (budget EUR 45,000) (2014-2016).


• Study of functional properties of olive oil extracts from Mount Athos olive oil (50.000 Euros). Cooperation with Tsantali Winery, Greece (2016-2018)

• Functional Food Development from grape stems: Cooperation in the frame of the action EREYNO-KAINOTOM0-DIMOURGO of Gsr, Greece (450.000 euros), 2018-2020. SCIENTIFIC LEADER

• Study of Greek meat quality by a combination of molecular and other techniques: Cooperation in the frame of the action EREYNO-KAINOTOM0-DIMOURGO of Gsr, Greece (850.000 euros), 2018-2020. PARTNER

• GIS study plus antioxidant profile of cherries in Greece , to the development of a tool for high added value of greek products: Cooperation in the frame of the action EREYNO-KAINOTOM0-DIMOURGO of Gsr, Greece (400.000 euros), 2018-2020. SUBCONTRACTOR

• High added value dairy products from exploitation of olive mills water waste polyphenols: Cooperation in the frame of the action EREYNO-KAINOTOM0-DIMOURGO of Gsr, Greece (450.000 euros), 2018-2020. SUBCONTRACTOR